

ISA

2021 Middles School Sports COVID 19 Precautions PARENT LETTER



Dear Parents,

The Guam Department of Education is pleased to have our athletes return to interscholastic sports. We have adopted guidelines and policies recommended by the Center for Disease Control and Prevention (CDC), National Federation of High School Sports (NFHS) and other agencies. **This information is subject to change as conditions change within our island and local communities.**

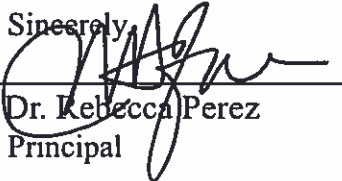
Notice to parents or guardians of youth participating in group sporting activities:


- Parents should not permit children to participate in sporting activities if the child has a confirmed case of COVID-19 and has not been cleared OR exhibits any symptom of COVID-19.
 - Fever or chills, Cough/Sore Throat, Shortness of breath or difficulty breathing, or other symptoms not related to or caused by physical training such as: fatigue, muscle or body aches, headache, new loss of taste or smell, congestion or runny nose, nausea or vomiting, and diarrhea.
- **If athletes feel sick, they must stay at home.**
- **Any athletes** screened before practice and games may be required to return home depending on their responses to screening questions.
- If after recent participation in sporting activities the child develops symptoms or is confirmed as positive for COVID-19, you should consult their healthcare provider and report such occurrence to the coach or other administrator.
- Parents are encouraged to make efforts to limit potential COVID-19 exposure by any vulnerable persons (identified by the CDC as those who are over age 65 or have severe underlying medical conditions) who are members of the same household or come into frequent, close contact with individuals who participate in youth sports.
- Every parent and athlete is required to bring their own materials for proper safety (masks, disinfected wipes, and water).
- Before, during, and after practice, all equipment used will be disinfected using appropriate disinfectant
- During breaks or after incidental contact, we will ask each athlete to use their hand sanitizer.
- Masks are Mandatory at all sporting events for everyone involved!
- Athletes will be responsible for their own hydration.
- Water fountains will not be available, and players will be asked to drink from the water bottles they brought with them.
- Sharing of water bottles will be prohibited. Athletes will also be asked to social distance during all breaks.
- Athletes will wear masks at check-in as well as exiting. During strenuous physical activity, masks may not be worn, and we will be adhering to all social distancing guidelines.

- Athletes will have their temperature taken and will be asked five (5) related COVID questions to answer. If the temperature is 100.4 or above and/or they answer “yes” to one of the questions, they will be asked to go home.
- If their parents drove them to practice, they will continue to isolate and wait, with a coach, for their parents to return and pick them up.
- Any time we are practicing, and athletes are more than six feet of apart, athletes will not be required to wear masks.
- Athletes will leave campus when their practice is done. They will leave maintaining their social distance, wearing their face mask.
- Athletes waiting for their ride to arrive will wait in a designated area, like outside near the parking lot, where they were dropped off, maintaining social distancing.
- If parents are allowed at practice or contests, social distancing and masks will be required. *Failure to wear mask and social distancing will require immediate removal from the school related activity.*
- *Parents not following guidelines and becoming disruptive risk the health and safety of athletes and will be asked to leave. Administrative action and/or law enforcement will be notified immediately if needed.*

If an athlete, at any time, does not feel safe participating in any practice sessions it will not be held against them. We understand that these are difficult and confusing times. The safety of each athlete is our number one concern. Please don't hesitate to ask any questions as we work to make this the safest possible environment for our student athletes.

Parents and spectators if allowed are to follow all GDOE/CDC/School guidelines. Failures to adhere to these guidelines risk the safety of our athletes, coaches, parents and staff. Anyone not following protocols will be asked to leave the school campus. Parents are there for support and should set the example for the athletes. Let's make sure everyone is safe. Should you have any questions please feel free to ask your coaches, administrators or contact GDOE. **Please sign below acknowledging guidelines and return to coach/athletic director or administrator.**

Sincerely,

 Dr. Rebecca Perez
 Principal


 Annette C. Spindel
 Athletic Director

Parent acknowledgement of guidelines:

Print Name	Signature	Date